



Top Cyber Hygiene Tips for Huskies



Use 2FA and MFA

Set up multi-factor authentication (MFA) for UW services and personal accounts.



Make unique passwords

Avoid reusing passwords. Instead, use memorable passphrases that only you would know.



Update regularly

Keep your software, apps, and operating systems up to date with regular updates.



Spot phishing scams

Be cautious of unsolicited job offers, gift card requests, and offers that seem too good to be true.



Backup data regularly

Back up important data using multiple methods, like cloud backups and external hard drives.



Dispose of devices securely

Properly dispose of devices containing personal or UW information.